



Planning Workshop of the
Regional Scaling Up Nutrition (SUN) Networks)
of **ACADEME, BUSINESS, CIVIL SOCIETY, and YOUTH**
for the Regional Plan of Action for Nutrition (RPAN) 2023-2028

15 February 2023
Tiara Hotel, Makati City



NCR



NCR



ENGAGE • INSPIRE • INVEST

join us in
PRAyER



The Philippine National Anthem



NCR







The NNC Hymn



Acknowledgement of Participants



Welcome Message

ALELI ANNIE GRACE P. SUDIACAL, MD, MPH, CESE
Chair, Regional Nutrition Committee-NCR
Director IV, Metro Manila Center for Health Development







Opening Message

MILAGROS ELISA V. FEDERIZO, RND, MPH
Regional Nutrition Program Coordinator





To formulate the Regional SUN Networks' Plan of Action for 2023-2025 as inputs to the RPAN 2023-2028.

Why are we here?

We would like you to be able to:

1. Describe the current regional nutrition situation;
2. Identify the nutrition programs and projects (PAPs) of the Regional SUN Network members;
3. Locate the nutrition PAPs of the members of the Regional SUN Networks in Metro Manila;
4. Align your organization's PAPs in the PPAN 2023-2028; and
5. Identify logistic support and investments for the RPAN from the members of the Regional SUN Networks.

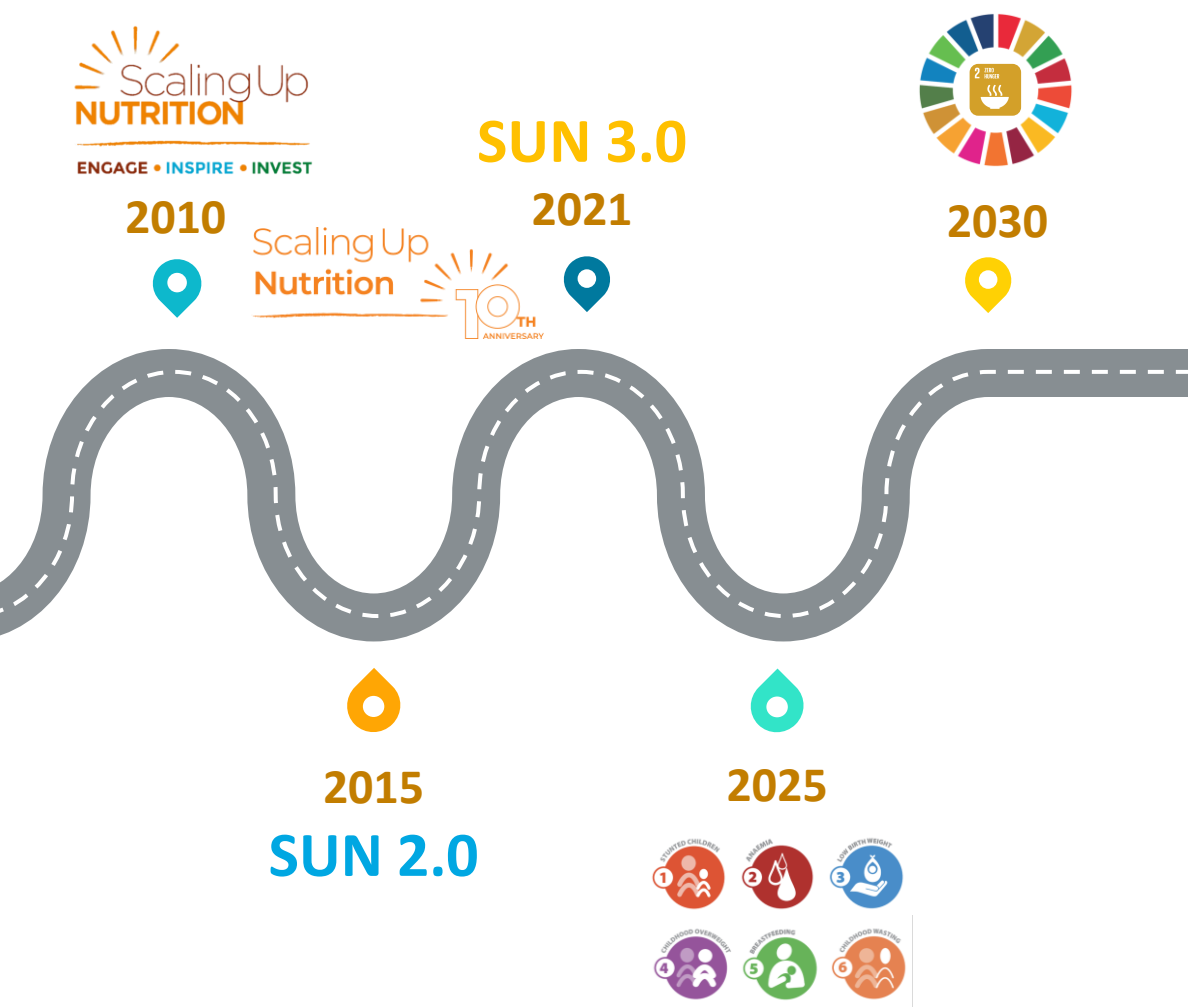


Scaling up Nutrition (SUN) Movement was established in 2010 as a collective global effort to improve nutrition, it has gained traction and support from the UN system, governments, civil society, donors, businesses, and academe worldwide.



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Scaling Up Nutrition (SUN) Movement



A world FREE from malnutrition in ALL its forms by 2030



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
PAMBANSANG SANGGUNIAN SA NUTRISYON
(NATIONAL NUTRITION COUNCIL)
NATIONAL CAPITAL REGION



Excerpts from the Minutes of the joint meeting of the Regional Nutrition Committee and the Regional Nutrition Management Group held on February 17, 2022 via Zoom

RNC-NCR RESOLUTION NO. 01
Series of 2022

RESOLUTION ADOPTING THE SCALING UP NUTRITION (SUN) 3.0 STRATEGY AND ORGANIZATION OF REGIONAL SUN MOVEMENT NETWORKS IN THE NATIONAL CAPITAL REGION (NCR)

WHEREAS, the Scaling Up Nutrition (SUN) Movement is a renewed effort to eliminate all forms of malnutrition, based on the principle that everyone has a right to food and good nutrition;

WHEREAS, the SUN is a global movement which unites governments, civil society, donors, businesses, the United Nations, academe, researchers, and citizens in a collective effort to improve nutrition;



Joint Regional Nutrition Committee and Regional Nutrition Management Group Meeting, 17 February 2022

RNC Resolution No. 1, s2022
“Resolution adopting the SUN 3.0 strategy and Organization of Regional SUN Movement Networks in the National Capital Region”

Background



Joint Regional Nutrition Committee and Regional Nutrition Management Group Meeting, 06 December 2022

RNC Resolution No. 6, s2022
“Resolution organizing the Regional SUN Youth Network”



SUN Academe Network will elevate the role of academe in driving the evidence base; (2) strengthen research capacity; (3) prioritize implementation of science and research; and (4) leverage their academic voice to advocate for and position nutrition

RNC Resolution No. 1, s2022

“Resolution adopting the SUN 3.0 strategy and Organization of Regional SUN Movement Networks In the National Capital Region”

SUN Business Network will gather support from businesses and private sectors to invest in initiatives and programs that will reduce malnutrition

SUN Civil Society Network will work closely with communities to ensure that efforts to scale up nutrition are equitable and the strong nutrition advocates



NCR SUN Academe Network



Olivarez College



Manila Tytana Colleges



Navotas Polytechnic College



**Pamantasan ng
Lungsod ng Marikina**



**Polytechnic University
of the Philippines**



**University of
Caloocan City**



University of the East



**Dr. Filemon C. Aguilar
Memorial College of Las Pinas**



**City University
of Pasay**

Regional Academe Network

- Attend and participate in all meetings of the network
- Participate during the formulation of action plan of NCR SUN Academe Network
-  • Integrate nutrition objectives in their institution's programs/projects and community outreach/ extension program
- Participate in the regional and local nutrition and related activities
-  • Partner with local nutrition committees in conducting formative/operational researches
- Become a member of local nutrition committee, if possible;

- The Chair of the SUN Academe Network, shall:
 1. Initiate and facilitate meetings of the Regional SUN Academe Network
 2. Lead in formulating the action plan of NCR SUN Academe Network
 3. Represent the Academe Network in the multisectoral meetings of the SUN Network and Regional Nutrition Committee



NCR SUN Business Network



Natureearth Corp



Philippine Nutri-Foods Corporation



East-West Seed Foundation, Inc.



Salinas Food, Inc.



Tinapayan Festival Bakeshoppe

Regional Business Network

- Attend and participate in all meetings of the network
 - Participate during the formulation of action plan of NCR SUN Business Network
 - Participate in the regional and local nutrition and related activities
 - Partner with local nutrition committees in implementing nutrition related programs, projects, and activities
 - Provide support to nutrition programs as part of their corporate social responsibility (CSR activities)
 - Become a member of local nutrition committee, if possible
- The Chair of the SUN Academe Network, shall:
 1. Initiate and facilitate meetings of the Regional SUN Business Network
 2. Lead in formulating the action Business Civil Society Network
 3. Represent the Business Network in the multisectoral meetings of the SUN Network and Regional Nutrition Committee



NCR SUN Civil Society Network



**Nutrition Center
of the Philippines**



**Action for the Care and
Development of the Poor
in the Philippines, Inc.**



**Alay Pag-Asa
Christian Foundation, Inc.**



**Ang-Hortaleza
Foundation, Inc.**



**Assisi Development
Foundation, Inc.**



**Caritas
Novaliches, Inc.**



Children International, Inc.



**FOOD FOR
THE HUNGRY**

**Food for the Hungry
Philippines**



Haligi ng Bata, Inc.



**Lingkod Muntinlupa
Foundation**



**Mission Ministries
Philippines, Inc.**



Project Propel, Inc.



**Samaritan's Purse
Philippines, Inc.**



**Taiwan Fund
or Children and Families**



**Tulay ng Kabataan
oundation, Inc.**



**Muntinlupa
Development Foundation, Inc.**



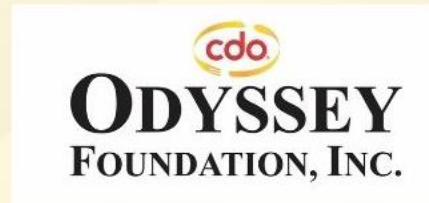
Young Focus for Education and Development Foundation, Inc.



Gems Heart Outreach Development, Inc.



Kababaihan Gabay ng Bayan (KAGABAY)



Federation of Barangay Nutrition Scholar of NCR




City/District Nutrition Program Coordinator of Metro Manila Association, Inc.



Association of Nutrition Action Officer of NCR, Inc.

Regional Civil Society Network

- 
- Attend and participate in all meetings of the network
 - Participate during the formulation of action plan of NCR SUN Civil Society Network
 - Integrate nutrition objectives in their institution's programs/ projects and community outreach/ extension program, nonetheless respecting their organization's core values
 - Participate in the regional and local nutrition and related activities
 - Partner with local nutrition committees in implementing nutrition related programs, projects, and activities

- The Chair of the SUN Civil Society Network, shall:

1. Initiate and facilitate meetings of the Regional SUN Civil Society Network
2. Lead in formulating the action plan of NCR SUN Civil Society Network
3. Represent the Civil Society Network in the multisectoral meetings of the SUN Network and Regional Nutrition Committee



RNC Resolution No. 6, s2022

*“Resolution Organizing the
Regional SUN Youth Network
in the NCR”*

- Organization of the **Regional SUN Youth Network** will encourage youth leaders to be active partners and advocates to fight hunger and malnutrition in the region and in their own localities;
- Composed of but not limited to all Sangguniang Kabataan (SK) Federation Presidents of NCR and Eagle and Girl Scouts of the Philippines



RNC Resolution No. 6, s2022

*“Resolution Organizing the
Regional SUN Youth Network
in the NCR”*

The Regional SUN Youth Network can:

- a. Collaborate and exchange good practices with other youth leaders who are committed to improving nutrition
- b. Explore opportunities to work with other youth organizations, government agencies, local government units, private sector, and professional organizations in scaling up nutrition actions.
- c. Contribute to discussions on nutrition and related issues affecting the youth, undertake activities and or participate in the activities of the SUN networks of business sector, academe, and civil society.
- d. Request assistance from RNC members for technical assistance according to their field of expertise.

National Nutrition Council-NCR

- Provide technical assistance to the network
- Arrange for meetings and distribution of notices and agendas to members
- Record and document the meetings
- Monitor/follow-up status of action lines of the meetings
- Report to the RNC-NCR status of the network

Regional Nutrition Committee-NCR

- Monitor the implementation of academe network nutrition programs in support of the Philippine Plan of Action for Nutrition (PPAN)
- Issue a resolution to include the network as members of the RNC
- Issue policies/resolutions that will support the nutrition program in the region



RNC Resolution No. 1, s2023

“Resolution Expanding the Composition of the Regional Nutrition Committee of NCR to include Convenors of the Regional Scaling Up Nutrition (SUN Networks of Academe, Business, Civil Society, and Youth”

Approved during the Regional Nutrition Committee Meeting held on January 31, 2023

- The Convenors of the **Regional SUN Network of Academe, Business, Civil Society, and Youth** are expected to represent their network in the SUN multisectoral meetings as well as in the Regional Nutrition Committee



Nutrition Challenges in NCR

THERESA A. RIVAS, RND, MPH
Development Management Officer II
National Nutrition Council-NCR





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NCR



The PPAN 2023-2028: The Way Forward

MILAGROS ELISA V. FEDERIZO, RND, MPH
Regional Nutrition Program Coordinator
National Nutrition Council-NCR



THE PHILIPPINE PLAN OF ACTION FOR NUTRITION

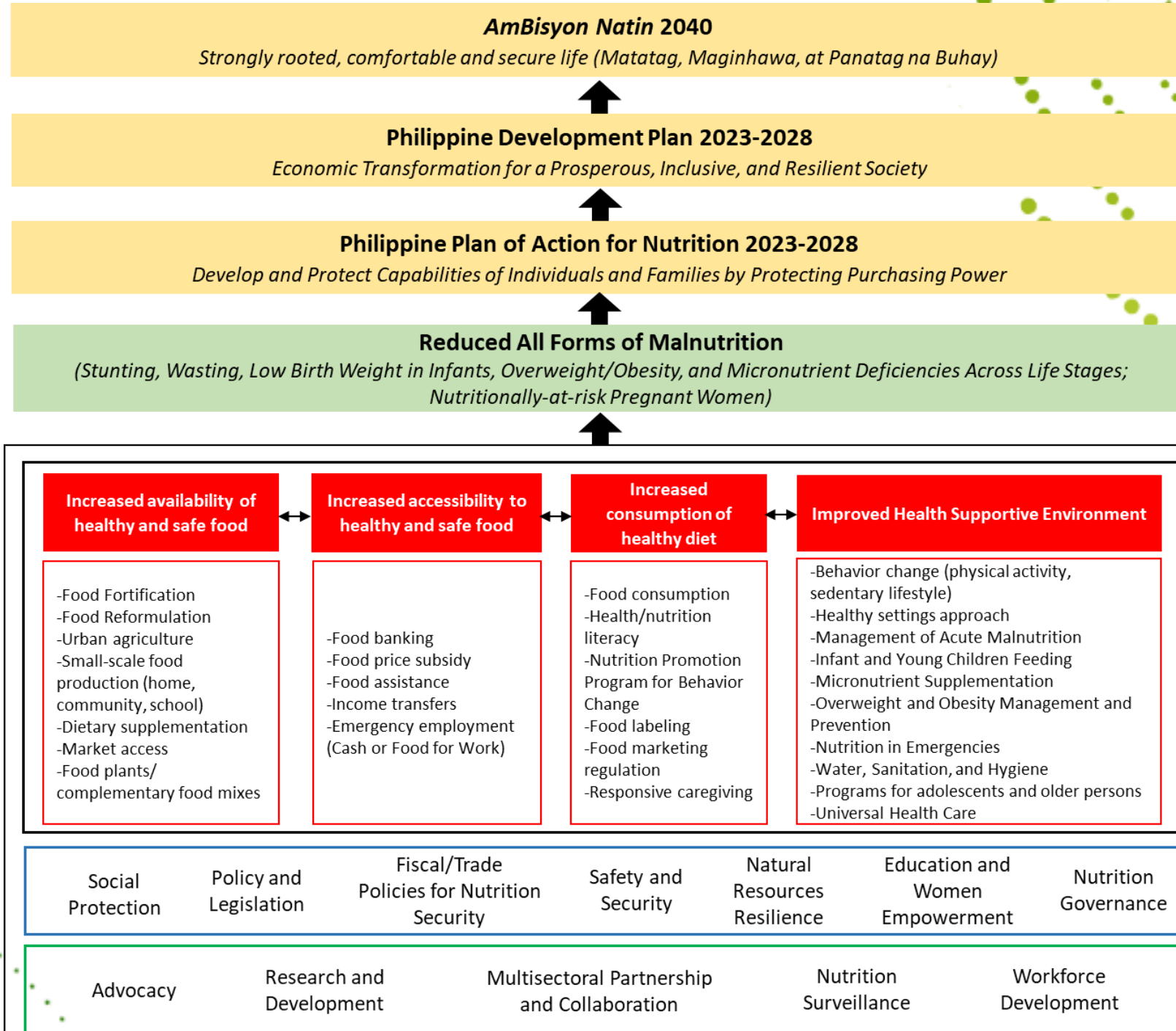
2023-2028

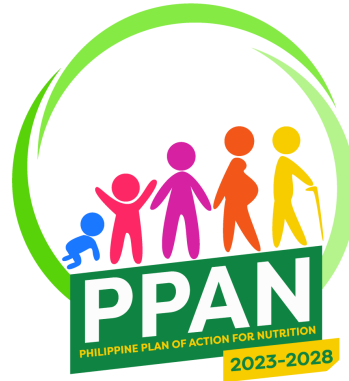


*Nutrisyong Sapat, Para sa **Lahat!***



PPAN 2023-2028 Strategic Framework



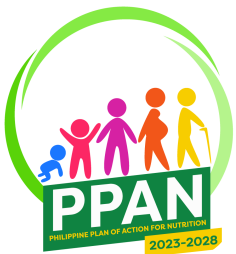


GOALS AND TARGETS

Nutrition Goals

PPAN 2023-2028 will contribute to the country's broader and higher development and societal goals in three (3) ways:

1. Achieving *AmBisyon Natin 2040* by improving the quality of human resource base of the country for all age groups through food security and proper nutrition;
2. Reducing inequality in human development outcomes also among all age groups; and
3. Reducing child and maternal mortality.



Targets

Reduction of five nutrition problems:



Undernutrition



Overnutrition



Micronutrient deficiency



Inadequate infant and young children
feeding practices



Food insecurity

Targets for Undernutrition

Indicators	Baseline (%)	Basis of Targets	Proposed Targets					
			2023	2024	2025	2026	2027	2028
1. Prevalence (%) of low birth weight (LBW) infants	14.5 (2017 NDHS)	30% reduction by 2025 from 2017 levels (14.5%) based on WHA targets 0.538-point reduction per year	11.3	10.7	10.2	9.7	9.1	8.6
2. Prevalence (%) stunted children under five years old	29.5 (2018-2019 ENNS)	Reduce by 50% the number of stunted children under 5 y/o by 2030 (from 2013 level) based on the WHO/UNICEF discussion paper: The Extension of the 2025 Maternal, Infant and Young Child Nutrition Targets to 2030 1.450-point reduction per year for 2023-2025 and 1.595-point reduction per year for 2026-2028	25.9	24.4	23.0	21.4	19.8	18.2
3. Prevalence (%) wasted children under five years old	5.7 (2018-2019 ENNS)	Reduce to <5% by 2025 (low public health significance) based on WHA targets 0.133-point reduction per year	5.2	5.0	4.9	4.8	4.6	4.5

Targets for Undernutrition

Indicators	Baseline (%)	Basis of Targets	Proposed Targets					
			2023	2024	2025	2026	2027	2028
4. Prevalence (%) wasted children 5-10 years old	7.8 (2018-2019 ENNS)	Reduce to <5% prevalence by 2025 (low public health significance) 0.483-point reduction per year	5.9	5.4	4.9	4.4	3.9	3.5
5. Prevalence (%) of nutritionally at-risk (NAR) pregnant women	21.5 (2018-2019 ENNS)	Reduce by 2.7% per year (average percent change of targets from 0.5-point reduction per year)	19.3	18.8	18.2	17.8	17.3	16.8
6. Prevalence (%) of chronic energy-deficient older adults, 60 y/o and over	14.3 (2018-2019 ENNS)	5% rate of decrease per year (0.8% higher than the past trend of 4.2%)	11.6	11.1	10.5	10.0	9.5	9.0

Targets for Overnutrition

Indicators	Baseline (%)	Basis of Targets	Proposed Targets					
			2023	2024	2025	2026	2027	2028
7. Prevalence (%) of overweight children under five years old	3.5 (2018-2019 ENNS)	Reduce by 1.9% per year based on the performance of other countries	3.2	3.2	3.1	3.1	3.0	2.9
8. Prevalence (%) of overweight / obese children 5-10 years old	10.4 (2018-2019 ENNS)	WHA GA in 2013 identified voluntary target on obesity to halt increase from 2010 levels in 2025, including adolescents and adults. 0.517-point reduction per year	8.3	7.8	7.3	6.8	6.3	5.7

Targets for Overnutrition

Indicators	Baseline (%)	Basis of Targets	Proposed Targets					
			2023	2024	2025	2026	2027	2028
9. Prevalence (%) of overweight/ obese adolescents	10.7 (2018-2019 ENNS)	WHA GA in 2013 identified voluntary target on obesity to halt increase from 2010 levels in 2025, including adolescents and adults. 0.683-point reduction per year	8.0	7.3	6.6	5.9	5.2	4.6
10. Prevalence (%) of overweight/ obese adults	36.6 (2018-2019 ENNS)	WHA GA in 2013 identified voluntary target on obesity to halt increase from 2010 levels in 2025, including adolescents and adults 1.383-point reduction per year	31.1	29.7	28.3	26.9	25.5	24.2

Targets for Micronutrient Deficiencies

Indicators	Baseline (%)	Basis of Targets	Proposed Targets					
			2023	2024	2025	2026	2027	2028
11. Prevalence (%) of anemia among pregnant women	23.0 (2018-2019 ENNS)	3.2% rate of reduction per year based on past trend and mild public health problem by 2025	20.2	19.5	18.9	18.3	17.7	17.2
12. Prevalence (%) of anemia among women of reproductive age	10.7 (2018-2019 ENNS)	Reduce 2013 levels by 50% by 2025 (WHA target), reduce further to <5% by 2028 (no public health problem) 0.742-point reduction per year	7.7	7.0	6.2	5.5	4.8	4.0
13. Prevalence (%) of children 6 months to 5 years old, with Vitamin A deficiency	15.5 (2018-2019 ENNS)	Reduce to <10% (mild public health significance) by 2028 0.622-point reduction per year	13.0	12.4	11.8	11.1	10.5	9.9

Targets for Micronutrient Deficiencies

Indicators	Baseline (%)	Basis of Targets	Proposed Targets					
			2023	2024	2025	2026	2027	2028
14. Median UIC (in $\mu\text{g/l}$) of pregnant women	122 $\mu\text{g/l}$ (2018-2019 ENNS)	Increase the median UIC to 150-249 $\mu\text{g/l}$ (adequate iodine nutrition) by 2025-2028	150-249 $\mu\text{g/l}$	150-249 $\mu\text{g/l}$	150-249 $\mu\text{g/l}$	150-249 $\mu\text{g/l}$	150-249 $\mu\text{g/l}$	150-249 $\mu\text{g/l}$
15. Median UIC (in $\mu\text{g/l}$) of lactating women	99 $\mu\text{g/l}$ (2018-2019 ENNS)	Increase the median UIC to 100-199 $\mu\text{g/l}$ (adequate iodine nutrition) by 2023-2028	100-199 $\mu\text{g/l}$	100-199 $\mu\text{g/l}$	100-199 $\mu\text{g/l}$	100-199 $\mu\text{g/l}$	100-199 $\mu\text{g/l}$	100-199 $\mu\text{g/l}$
16. Proportion of children 6-12 years old with urinary iodine levels below 50 $\mu\text{g/l}$	12.4 (2018-2019 ENNS)	Less than 20% by 2028; reduce to less than 5% by 2028 0.833-point reduction per year	9.1	8.2	7.4	6.6	5.7	4.9

Targets for Micronutrient Deficiencies

Indicators	Baseline (%)	Basis of Targets	Proposed Targets					
			2023	2024	2025	2026	2027	2028
17. Median UIC (in $\mu\text{g/l}$) of children 6-12 years old	174 $\mu\text{g/l}$ (2018-2019 ENNS)	Retain the median UIC within 100-199 $\mu\text{g/l}$ (adequate iodine nutrition) by 2023-2028	$\geq 174 - 199$ $\mu\text{g/l}$	$\geq 174 - 199$ $\mu\text{g/l}$	$\geq 174 - 199$ $\mu\text{g/l}$	$\geq 174 - 199$ $\mu\text{g/l}$	$\geq 174 - 199$ $\mu\text{g/l}$	$\geq 174 - 199$ $\mu\text{g/l}$
18. Percentage of households using adequately iodized salt	36.0 (2018-2019 ENNS)	Achieve Universal Salt Iodization >90% households using adequately iodized salt, i.e., salt with iodine content of $\geq 15\text{ppm}$ 6.111-point increase per year	60.4	66.6	72.7	78.8	84.9	91.0

Targets for IYCF Practices

Indicators	Baseline (%)	Basis of Targets	Proposed Targets					
			2023	2024	2025	2026	2027	2028
19. Percentage of exclusively breastfed infants at 6 months	56.4 (2018-2019 ENNS)	Increase by 5.8% per year based on performance of other countries (EBF among 0-5 mos.)	70.7	74.8	79.1	83.7	88.5	93.7
20. Prevalence (%) of infants and young children with Minimum Acceptable Diet (MAD)	11.7 (2018-2019 ENNS)	Reach at least 25% by 2028 1.478-point increase per year	17.6	19.1	20.6	22.0	23.5	25.0
21. Prevalence (%) children 6-23 months with Minimum Diet Diversity (MDD)	21.6 (2018-2019 ENNS)	Reach 90% by 2028 7.6-point increase per year	52.0	59.6	67.2	74.8	82.4	90.0

Targets for Food Insecurity

Indicators	Baseline (%)	Basis of Targets	Proposed Targets					
			2023	2024	2025	2026	2027	2028
22. Prevalence (%) of households meeting 100% recommended energy intake	21.8 (2018-2019 ENNS)	Increase 2018-2019 level by 50% by 2028 1.2-point increase per year	26.6	27.8	29.0	30.2	31.4	32.6
23. Prevalence (%) of severe food insecurity in the population	5.1 (2019 FIES)	Sub-Committee on PDP Chapter 6.1 agreed that the target should at 0% starting 2023	0.0	0.0	0.0	0.0	0.0	0.0
24. Prevalence (%) of moderate to severe food insecurity in the population	44.2 (2019 FIES)	5.1% rate decrease per year (based on HFIAS trend)	35.8	34.0	32.3	30.6	29.1	27.6



INTERVENTIONS

Increased
availability of
healthy and
safe food



Increased
accessibility
to healthy and
safe food



Increased
consumption
of healthy diet



Improved **health**
supportive
environment

Responding to the nutrition needs of all ages.

INTERVENTIONS

Increased **availability** of healthy and safe food

- Food fortification
- Food reformulation
- Urban agriculture
- Small-scale food production (home, community, school)
- Dietary supplementation
- Market access
- Food plants/complementary food mixes

How can our **food technologists** contribute?

- Research and develop/ reformulate healthy and safe:
 - food items fortified with iron, vitamin A, iodine
 - complementary food for 6-23 months

INTERVENTIONS

Increased **accessibility** to healthy and safe food

- Food banking
- Food price subsidy
- Food assistance
- Income transfers
- Emergency employment (Cash or Food for Work)

How can our **food technologists** contribute?

- Develop healthy and safe food products that are **affordable** and **accessible** even to people in GIDA areas, in normal or emergency situations.

INTERVENTIONS

Increased **consumption** of healthy diet

- Health/nutrition literacy
- Nutrition Promotion Program for Behavior Change
- Food labeling
- Food marketing regulation
- Responsive caregiving

How can our **food** **technologists contribute?**

- Ensure proper food labeling.

INTERVENTIONS

Improved **health and nutrition supportive environment**

- Behavior change (physical activity, sedentary lifestyle)
- Healthy settings approach
- Management of Acute Malnutrition
- Infant and Young Children Feeding
- Micronutrient Supplementation
- Overweight and Obesity Management and Prevention
- Nutrition in Emergencies
- Water, Sanitation, and Hygiene
- Programs for adolescents and older persons
- Universal Health Care

THANK YOU

For questions and updates:



nncofficial



@nncofficialph



National Nutrition Council
Central - Philippines



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www.nnc.gov.ph



info@nnc.gov.ph



2332 Chino Roces Ave.
Extension, Taguig City

Nutriyong sapat para sa lahat





2023 Nutrition PPAs

of Regional SUN Network members

Mapping of Nutrition Actions: Who does what and where?



EMERENCIANA L. FRANCIA, RND, MPH
Nutrition Officer III
National Nutrition Council-NCR



Workshop per Network

Regional SUN Networks' Plan of Action for 2023–2025



Presentation of Workshop Outputs

Regional SUN Networks' Plan of Action for 2023–2025



Interactive Session



Agreements and Next Steps



Closing Message

MARY CHRISTINE R. CASTRO, MD
Vice-Chair, Regional Nutrition Committee-NCR
Executive Director, Nutrition Center of the Philippines

